



—MY HERO—

1005 Jerusalem Ave. North Merrick, NY 11566

www.myherodeli.com

516.785.9226

Cold Cuts & More

Turkey	Honey Turkey
Ham	Virginia Ham
Roast Beef	Prosciutto
Pepperoni	Salami
Ham Cappy	Honey Ham
Bologna	Liverwurst
Pastrami	Corned Beef
Eggplant	BLT
Chicken Cutlet	Grilled Chicken
American	Cheddar
Mozzarella	Fresh Mozzarella
Swiss	Provolone
Muenster	Pepper Jack

“The Works”:

Lettuce, Tomato, Onion, Salt, Pepper,
Oregano, Oil & Vinegar

Hot Plates

Chicken Parmigiana
Flounder Parmigiana
Eggplant Parmigiana
Shrimp Parmigiana
Veal Parmigiana

(Above include spaghetti, ziti, or house salad)

Baked Ziti

Penne alla Vodka

Spaghetti & Meatballs

Cheeseburger With Fries & Coleslaw

Fried Flounder with French Fries

Fried Shrimp with French Fries

Knish

Stuffed Knish

Eggs All Day

With Choice of Bacon, Ham, Peppers,
Onions, Potatoes & Cheese

Hot Heros

Chicken Cutlet Parm
Chicken & Eggplant Parm
Eggplant Parm
Meatball Parm
Veal Cutlet Parm
Sausage Parm
Shrimp Parm
Flounder Parm

Sausage & Peppers
Meatball & Peppers
Meatball & Sausage
Roast Pork
Corned Beef
Pastrami
Chopped Cheese
Bang Bang Hero

Side Salads

Potato Salad
Macaroni Salad

Pasta Salad
Cole Slaw

Tossed Salads

Antipasto
Chef Salad
Caesar Salad
Chicken Caesar Salad

Tossed Salad
Chicken Salad over Tossed Salad
Grilled Chicken over Tossed Salad
Tuna Salad over Tossed Salad

Catering for All Occasions

Salad Bowls (serves 20 people) - Full Tray \$40 or Half Tray \$25

Party Heros

2-6 ft, Choice of any Cold Cuts - Cold Cold \$20ft - Specialty \$22ft

2 Ft. (serves 8 people) 3 Ft. (serves 10 people)

4 Ft. (serves 14 people) 5 Ft. (serves 18 people)

6 Ft. (serves 22 people) 8 Ft. (serves 30 people)

Call Us for More Catering Information

Store Hours:
Tuesday-Saturday
10 AM - 7 PM
Sunday
10 AM - 4 PM
Closed Mondays

**NO CREDIT OR DEBIT CARDS
ACCEPTED**

CASH OR CHECK ONLY

Prices are subject to change

Specialty Heros

The Champ

Cappy Ham, Prosciuttini, Genoa Salami,
Provolone, & The Works

Dom's Antipasto

Cappy Ham, Prosciuttini, Genoa Salami, Provolone,
Roasted Red Peppers, Black Olives & The Works

All American

Roast Beef, Turkey, Ham,
American Cheese, & The Works

Turkey Club

Turkey, Bacon, Lettuce, Tomato & Mayo

Chicken Club

Chicken Cutlet, Bacon, Lettuce, Tomato
& Mayo

Buffalo Club

Chicken Cutlet, Melted Cheddar Bacon, Lettuce,
Tomato, Hot Sauce & Blue Cheese

Chicken Supreme

Chicken Cutlet, Fresh Mozzarella,
Roasted Peppers & The Works

Steak Hero

With Mozzarella, Onions & Brown Gravy

Roast Beef Melt

Roast Beef & Melted Mozzarella
on Garlic Bread

Roast Pork Special

Roast Pork, Broccoli Rabe & Melted Mozzarella

The Legend

Cappy Ham, Prosciuttini, Genoa Salami, Pepperoni,
Provolone, Roasted Red Peppers & The Works on a
Loaf of Semolina Bread

Ham & Cheese Melt

Reuben

Hot Corned Beef, Melted Swiss Cheese,
Sauerkraut & Russian Dressing

Bocconcini Hero

Eggplant, Fresh Mozzarella, Roasted
Peppers & The Works

Veggie Hero

Eggplant, Roasted Peppers, Olives,
Cucumbers & The Works

Vegan Hero

Broccoli, Carrots, Cucumbers,
Red Peppers, Olives & The Works

Filet of Sole Hero

Fish, Lettuce, Tomato & Tartar Sauce

Cuban

Juicy Roast Pork, Sliced Ham, Melted Swiss, Pickles
& Honey Mustard

Country Chicken

Crispy Chicken, Coleslaw & Chipotle Mayo on a
Buttered & Toasted Brioche Bun

Spicy Chicken

Crispy Chicken, Melted Pepper Jack, Lettuce,
Tomato & Hot Honey on a Buttered & Toasted
Brioche Bun

Disco Chicken

Chicken Cutlet, Waffle Fries, Melted Mozzarella &
Brown Gravy

Chicken Salad

Tuna Salad

Before placing your order, please inform your server of any food allergies